

Good morning ladies ! Wednesday's midweek study on humility left us with so much to reflect on. We were reminded that although humility should help us have sober judgement of ourselves, it isn't just about lowering ourselves; it's about lifting others up and following the example Christ set for us.

We were also reminded that we should put on humility like clothing in every area of our lives!

This is a high calling, but it is the way to harmony, and I believe that God will continue to equip us for the task!

Here are the scriptures that were shared last night:

In **Ephesians 4:2-3**, we're instructed to be "completely humble and gentle," bearing with one another in love, and making every effort to maintain unity. This scripture reminds us that humility is at the heart of discipleship. It's not optional; it's foundational to the unity and harmony God desires among His children.

Being completely humble and gentle applies to every relationship in your life—your spouse, your children, your in-laws, and even your coworkers. However, God gives us a special calling to bear with one another to maintain unity. This shows His longing for us as believers to live in harmony.

**Philippians 2:3-11** urges us to put away selfishness and take on the mind of Christ, who, though He was God, humbled Himself to the point of death on a cross. Jesus didn't cling to His rights or status but gave up everything out of love for us. His humility is our example. It challenges us to stop focusing on how we can impress others and, instead, to look out for the interests of others.

I encourage you to read this scripture in the NLT version. It truly gives us a picture of how to imitate Jesus and His character. In God's kingdom, the way up is down. Jesus humbled Himself, and therefore God exalted Him, and He expects us to do the same.

Lastly, in **1 Peter 5:5-6**, we are told to "clothe ourselves with humility" because God favors the humble. When we humble ourselves, we place our trust in God's timing and plan, knowing that He will lift us up in due time. This is a powerful promise: humility allows us to surrender to God's authority, trusting that He will elevate us in His perfect timing.

Clothing ourselves in humility is an incredible visual for how we should start each day—putting humility on like clothing. It should cover our bodies and our minds. Just like clothing, it can even hide our imperfections. Humility is a powerful thing.

**The Challenge:** As we were reminded last night, true humility means acknowledging where we need to grow. We were encouraged to find one area of our lives where we struggle with pride or selfishness and share it with someone we trust. As you take on this challenge, be intentional about seeking accountability from someone who can lovingly walk with you as you grow in humility. Ask them to pray with you and check in regularly, helping you become more like Christ in this area.

Let's not just hear the Word; let's act on it. Ask God to help you see where you need to be humbled and let someone walk alongside you in this journey. True growth happens in community, and through this accountability, we reflect Christ's love more deeply.

I love and appreciate you all, and I'm so happy to be on this journey together!

In Him,  
Lish